


Andover Community/Senior Center
 181 South Main Street
 440-689-0026
 andovercnp@countryneighbor.org

September 2018



	Tue	Wed	Thu	
<u>9/4 UH Presentation</u> "Senior Depression" presented by Kellie McGinnis	<u>4</u> 9:00 Current Events 10:00 Silver Sneakers 11:00 UH Presentation 12:30 Cards/Games/Puzzles 12:30 Mexican Train	<u>5</u> 9:00 Coffee Club 10:00 Craft 10:00 Yoga 12:30 Mexican Train 1:30 Adult Coloring Club	<u>6</u> 8:30 Rise-n-Shine Breakfast 10:00 Silver Sneakers 12:30 Cards/Games/Puzzles 12:30 Mexican Train 1:00 Bingo w/Kelly Kincaid	<u>Rise-n-Shine Breakfast Raffle</u> 9/6—Pancakes
	<u>11</u> 9:00 Current Events 11:00 Karaoke 10:00 Silver Sneakers 12:30 Mexican Train	<u>12</u> 9:00 Coffee Club 10:00 Scarecrow Craft 10:00 Yoga 12:30 OSU Presentation	<u>13</u> 8:30 Rise-n-Shine Breakfast 10:00 Silver Sneakers 12:00 Sept. Birthday 12:30 Cards/Games/Puzzles	9/13—Scrambled Eggs
	<u>18</u> 9:00 Current Events 10:00 Silver Sneakers 10:00 Cards/Games/Puzzles 12:30 Mexican Train 1:00 Painting w/Lydia	<u>19</u> 9:00 Coffee Club 9:30 Craft 10:00 Yoga 1:30 Adult Coloring Club 1:30 Tai-Chi	<u>20</u> 8:30 Rise-n-Shine Breakfast 10:00 Silver Sneakers 11:00 Blood Pressure Check 12:30 Cards/Games/Puzzles 12:30 Mexican Train	9/20—French Toast
	<u>25</u> 9:00 Current Events 10:00 Silver Sneakers 12:30 Mexican Train 12:30 Cards/Games/Puzzle	<u>26</u> 9:00 Coffee Club 9:30 Craft 10:00 Yoga 12:30 OSU Presentation 1:30 Tai-Chi	<u>27</u> 8:30 Rise-n-Shine Breakfast 9:45 Breakfast Raffle 10:00 Silver Sneakers 12:15 50/50 Raffle 12:30 Cards/Games/Puzzles	9/27—Biscuits & Sausage Gravy

Schedule is subject to change!